



Auspicious Heart: The Yoga of the Goddess Unveiled

*Yoga Philosophy Lecture with
Dr. Douglas Brooks*

In the great traditions of Tantric yoga we learn to reflect and recognize ourselves more deeply through the exquisite images of the divine. There is no image or character more important to the yoga practices that empower our lives than that of the goddess Lakshmi. Lakshmi teaches us about power, prosperity, and the subtle ways we can recognize the power of grace present in our lives. In this seminar we will learn the lore, the meditation practices, and step richly into the heart of the Auspicious One. Our primary source will be the deeply secret Lakshmi Tantra, an ancient text whose message resonates with our contemporary world. No experience with the topic, much less our source, is expected or required. Everything you need will be provided. Bring an open mind and a willing heart!

April 17-18, 2010

Schedule:

Sat 1:30-5:30pm, Sun 9-Noon

Cost: \$140 by April 10, \$155 after.



Dr. Douglas Brooks is among the world's leading scholars of Hindu Tantrism and the esoteric traditions of the Goddess. He received his Masters and PhD degrees from Harvard University's Center for the Study of World Religions where he studied with several of the world's leading scholars of Sanskrit and Indian studies. Dr. Brooks is the author of several scholarly books on Hinduism and Tantra, and is currently Professor of Religion at the University of Rochester in Rochester, New York.